

Croydon Community Ophthalmology Service (COS)

Where can I be seen?

PLEASE FIND BELOW A LIST OF APPROVED PRACTICES

PRACTICE NAME	ADDRESS	TELEPHONE NUMBER
AMS Opticians	15 Purley Road Purley CR8 2HA	020 8660 0472 www.ams-opticians.co.uk
Arthur Hayes	1070 Whitgift Centre Croydon CR0 1UX	020 8686 0707 www.arthurhayes.co.uk
Basil Bloom	121 Addington Road South Croydon CR2 8LH	020 8657 2000 www.orthok.co.uk
Boots Opticians	87 High Street Thornton Heath CR7 8RY	020 8684 1155 www.boots.com
Coulsdon Opticians	141 Brighton Road Coulsdon CR5 2NJ	020 8660 7343 www.surreyopticians.com
Crystal Eye Centre	20 Westow Hill Upper Norwood SE19 1RX	020 8766 7476 www.crystaleyecentre.com
Day Lewis Opticians	305 Lower Addiscombe Rd Croydon CR0 6RF	020 8654 5559 www.daylewisopticians.co.uk
Eye Matrix Opticians	Domiciliary Opticians	0800 612 3144 www.carehome.co.uk
Kerr Eye Care	37 London Road Croydon CR0 2RE	020 8688 5076 www.kerreyecare.co.uk
London Eye Care	1415 London Road Norbury SW16 4AH	020 8679 0955 www.londoneyecarecentre.co.uk
Pursers Opticians	958 Brighton Road Purley CR8 2LP	020 8660 2147 www.pursersopticians.co.uk
Rawlings Opticians	8 High Street Croydon CR0 1YA	020 8688 1040 www.rawlingsopticians.co.uk
Rawlings Opticians	946 Brighton Road Purley CR8 2LP	020 8660 3271 www.rawlingsopticians.co.uk
The Eye Centre	830 London Road Thornton Heath CR7 7PA	020 8689 0011 www.theeyecentre.net

Information for patients



What is COS?

COS is a **free** service available to all patients 5 years and above who are registered with a Croydon GP.

The service provides patients experiencing recently occurring eye conditions with treatment closer to home. The service is provided by local optometrists with the knowledge and skills to carry out this work at locally approved optician practices.

How do I access COS?

A list of approved practices is overleaf. Please be aware that your normal optometrist may have chosen not to offer this service.

You can contact any of these approved practices directly to make an appointment and ask to be seen under COS. Appointments are available during normal working hours.

Alternatively, if you make an appointment to see your GP, he or she may refer you to the optometrist for further assessment and possibly treatment.

Eye conditions which can be treated by COS

The service is designed for recently occurring medical eye conditions, such as:

- Recent reduction in vision in one or both eyes
- Red eye(s) or eye lids
- Pain or discomfort in the eyes, around the eye area or temple
- Recent onset or sudden increase of flashers and/or floaters in one or both eyes
- Mild trauma, for example a scratch to the outer surface of the eye(s) or lid(s)
- Suspected foreign body in the eye
- Recent onset of double vision
- Significant recent discharge from or watering of the eye

If you are unsure whether your symptoms qualify, please contact one of the approved practices who can advise you.

What happens when I see the optometrist?

The optometrist will discuss your eye history, any symptoms you may be experiencing and any related medical history. You will receive an eye assessment relevant to your symptoms. Please take a list of all current medications and your up-to-date glasses with you to the appointment.

As a result of the consultation you may be:

- Given appropriate treatment by the optometrist (this may include a follow-up appointment)
- Referred to your GP for appropriate treatment if your eye condition is related to your general health
- Referred directly to the hospital eye service if your eye condition is more serious

Following your appointment, the optometrist will notify your GP about the outcome of your consultation to ensure your medical records are updated.

Note: You may not be able to drive immediately after your examination

Please note

This service does not replace the routine eye examination, eye test or prescription for glasses.

A sight test will not be performed as part of the assessment or treatment and you will not be issued with a prescription for glasses.

Eye conditions not treated under COS

If you have any of the following conditions, you must go directly to your nearest Accident and Emergency department.

- Sudden loss of vision in one or both eyes
- Considerable eye pain
- Significant trauma, such as a penetrating injury or lacerations to the eye(s) or lid(s)
- Chemical injury or burns
- Problems arising from recent eye surgery

If you have an eye condition that is being monitored regularly by your optometrist or hospital eye service, such as cataracts, glaucoma or dry eye, this will not be covered under COS. Children under 5 years cannot be seen under COS.

Concern/Compliment/Complaint?

We value your opinion of our service. If you have a concern or complaint or would like to leave a compliment about the service you have received, please visit/email:

Website: www.croydoneyes.co.uk

Email: LCH.cosoffice@nhs.net

We will use any feedback we receive to evaluate the service and make improvements if necessary.

If you would like this leaflet in any other format, please contact us.

Your information will be held confidentially and not shared with a third party without your prior permission.