

Jubilee Parenting has supported parents in Croydon since 2002 and have run a range of courses and workshops in schools and children's centres across the borough since that time.

We are commissioned by Best Start in Croydon for some of our Special Needs work and work closely with the NAS to deliver:-

- Social Communication Difficulties courses for parents of children 0-5 pre diagnosis
- Stepping Up courses for parents whose children have an ASD diagnosis and attend mainstream schools. 2 courses per year are for parents of primary age children and 1 per year is for parents of secondary age young people

We also run a weekly Chill'n'Chat group for parents whose children have additional needs. We provide information, support and 'me time' treats for parents. Our strapline is 'tlc for parents' and as well as parenting information and speakers from different organisations, we major on the importance of parents taking care of their own emotional well-being. Parents are free to join this as often as they wish. Some come every week and some only when the topic is of interest. I am attaching our Feb - March programme to give you a taste of this group. We also have an email group and send out relevant information from other organisations.

## From Easter 2022

Chill'n'Chat Special will return to face-to-face delivery at Woodland Children's Centre Tuesday mornings 9.30-11.30

6 SCD courses and the 3 Stepping Up courses will return to face-to-face delivery. One SCD Course each term will continue to be delivered on zoom as this option is preferred by some parents.

We have good relationships with many voluntary organisations across the borough to ensure that we signpost parents efficiently and help them access the best available support.

For more information please contact

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